

# MEDICAL HISTORY/QUESTIONNAIRE

## PADI SCUBA DIVING

The purpose of this medical history questionnaire is to find out if you should be examined by a doctor before participating in recreational scuba diving. A positive response to a question *does not necessarily* disqualify you from diving. A positive response means that there is a preexisting condition that may affect your safety while diving and you *must* seek the advice of a physician. If any of these items apply to you, we must request that you consult with a physician prior to participating in scuba diving. You may print out a Medical Statement and Guidelines for Recreational Scuba Diver's Physical Examination to take to a physician. Bring this form with you to show to your scuba instructor.

- |   |  |
|---|--|
| <input type="checkbox"/> Could you be pregnant, or are you attempting to become pregnant?   | <input type="checkbox"/> Frequent or severe suffering from motion sickness (seasick, carsick, etc.)?             |
| <input type="checkbox"/> Are you presently taking prescription medications? (with the exception of birth control or anti-malarial)  | <input type="checkbox"/> Dysentery or dehydration requiring medical intervention?                                |
| <input type="checkbox"/> Are you over 45 years of age and can answer YES to one or more of the following?   | <input type="checkbox"/> Any dive accidents or decompression sickness?   |
| <ul style="list-style-type: none"><li>• currently smoke a pipe, cigars or cigarettes</li><li>• have a high cholesterol level</li><li>• have a family history of heart attack or stroke</li><li>• are currently receiving medical care</li><li>• high blood pressure</li><li>• diabetes mellitus, even if controlled by diet alone</li></ul> | <input type="checkbox"/> Inability to perform moderate exercise (example: walk 1.6 km/one mile within 12 mins.)? |
| Have you ever had or do you currently have...   | <input type="checkbox"/> Head injury with loss of consciousness in the past five years?                          |
| <input type="checkbox"/> Asthma, or wheezing with breathing, or wheezing with exercise?   | <input type="checkbox"/> Recurrent back problems?  |
| <input type="checkbox"/> Frequent or severe attacks of hayfever or allergy?   | <input type="checkbox"/> Back or spinal surgery?   |
| <input type="checkbox"/> Frequent colds, sinusitis or bronchitis?   | <input type="checkbox"/> Diabetes?   |
| <input type="checkbox"/> Any form of lung disease?  | <input type="checkbox"/> Back, arm or leg problems following surgery, injury or fracture?                        |
| <input type="checkbox"/> Pneumothorax (collapsed lung)?   | <input type="checkbox"/> High blood pressure or take medicine to control blood pressure?                         |
| <input type="checkbox"/> Other chest disease or chest surgery?  | <input type="checkbox"/> Heart disease?  |
| <input type="checkbox"/> Behavioral health, mental or psychological problems (Panic attack, fear of closed or open spaces)?   | <input type="checkbox"/> Heart attack?   |
| <input type="checkbox"/> Epilepsy, seizures, convulsions or take medications to prevent them?   | <input type="checkbox"/> Angina, heart surgery or blood vessel surgery?  |
| <input type="checkbox"/> Recurring complicated migraine headaches or take medications to prevent them?  | <input type="checkbox"/> Sinus surgery?  |
| <input type="checkbox"/> Blackouts or fainting (full/partial loss of consciousness)?  | <input type="checkbox"/> Ear disease or surgery, hearing loss or problems with balance?                          |
|   | <input type="checkbox"/> Recurrent ear problems?   |
|   | <input type="checkbox"/> Bleeding or other blood disorders?  |
|   | <input type="checkbox"/> Hernia?   |
|   | <input type="checkbox"/> Ulcers or ulcer surgery ?   |
|   | <input type="checkbox"/> A colostomy or ileostomy?   |
|   | <input type="checkbox"/> Recreational drug use or treatment for, or alcoholism in the past five years?           |

*The above medical limitations are set by the PADI (Professional Association of Diving Instructors) standards and must be adhered to by Seasport Divers for your safety and enjoyment.*